



Graduate Students, School-Based Mental Health Professionals, Universities, School Leaders and other Stakeholders welcome!

This colloquium will highlight the school based mental health experience in rural schools. Hear from 6 amazing presenters including 4 New Mexico school based mental health providers willing to share their experiences and discuss hot topics in mental health. You will also have an overview of the NMEOP program, from the PED EOP Grant Manager, Deborah Chavez, MSW.

Register at the link below. Recordings will be available as well.

[REGISTRATION LINK](#)

Agendas:

Tuesday July 30 th , 2024	Wednesday July 31 st , 2024
<p>10:00am-10:15am: Deborah Chavez, MSW, PED EOP Grant Manager -<i>Welcome and introductions, plus brief EOP program overview.</i></p>	<p>3:30pm-3:45pm: Deborah Chavez, MSW, PED EOP Grant Manager -<i>Welcome and introductions, plus brief EOP program overview.</i></p>
<p>10:15am-10:30am: M. Soña Alaniz Saiz, PhD, LCSW, NMPED Behavioral Health Manager- <i>First Days of School</i></p>	<p>3:45pm-4:00pm: M. Soña Alaniz Saiz, PhD, LCSW, NMPED Behavioral Health Manager- <i>First Days of School</i></p>
<p>10:30am-11:10am: Monique Davis, LCSW & Edie Quintana, MS CCC-SLP, BCBA from the CREC School Based Mental Health HELP Team- <i>Cultural & Behavioral Competencies</i></p>	<p>4:00pm-4:40pm: Monique Davis, LCSW & Edie Quintana, MS CCC-SLP, BCBA from the CREC School Based Mental Health HELP Team- <i>Cultural & Behavioral Competencies</i></p>
<p>11:10am-11:15am: <i>Break</i></p>	<p>4:40pm-4:45pm: <i>Break</i></p>
<p>11:15am-12:00pm: Madalena Miera & L. Brian Salazar, LMHC, <i>The Lilly Pad Goal Setting Method</i></p>	<p>4:45pm-5:30pm: Madalena Miera & Brian Salazar, LMHC, <i>The Lilly Pad Goal Setting Method</i></p>

Featured Presentations:

Presentation: *First Days of School* - As behavioral health professionals in schools we attend to the wellbeing of students, staff and families. This can take an incredible toll if we overlook our own wellbeing. Learning a few tips and tricks about preparing for the first days of school can help build your resilience throughout the year to come!

Presenter: M. Soña Alaniz Saiz, PhD, LCSW

Magdalena Soña Alaniz Saiz is a licensed clinical social worker (LCSW) and holds a Ph.D. in Educational Leadership and Administration. For the past 20+ years she has worked within educational settings as an educator, social worker, and administrator across elementary, middle school, high school, and higher education. Dr. Saiz currently serves as the Behavioral Health Manager for the New Mexico Public Education Department.

Presentation: *Cultural and Behavioral Competencies*- This presentation will give a brief overview of cultural and behavioral competencies as related to working in rural school districts in NM.

Presenter: Monique Davis, LCSW

Monique is the Clinical Social Work Supervisor currently providing school based mental health services and support to 7 rural districts in New Mexico, through a federal grant supported by Central Region Educational Cooperative (CREC). Monique enjoys and finds it rewarding working with clients of all ages and backgrounds. Monique has over 10 years' experience working with the Human Services Department, Children, Youth, and Families Department (Protective Services and Juvenile Justice Services), Socorro Schools, Los Lunas Schools, and CREC grant funded schools (7 rural districts), providing support and clinical services to these diverse populations.

Presenter: Edie Quintana, MS CCC-SLP, BCBA

Edie Quintana, MS CCC-SLP, BCBA is a Board Certified Behavior Analyst (BCBA) and Speech-Language Pathologist (SLP). Edie is currently providing school based mental health services and supports to numerous public school districts in New Mexico through a federal grant supported by Central Region Educational Cooperative. Edie has over 24 years' experience working with diverse individuals in a variety of settings, including school-, home-, community- and clinic-based environments to help those she works with to achieve full access to community activities and services.

Presentation: *The Lilly Pad Goal Setting Method* - The Lilly Pad goal setting method is used with the students when they feel stuck, overwhelmed, or unmotivated. It was created and developed in order to help students see their goals in smaller steps, recognize their strengths, and support systems as well as how to use them.

Presenter: Madalena Miera, BA

Madalena Miera was born and raised in Taos, NM she has four beautiful children who are her world. She loves spending time with her family, in the mountains, on the beach, and with her horses. She has a B.A. in Psychology and has worked with at risk youth and victims of child abuse for over twenty years. Helping our youth and their families is truly her passion. Her motto that she lives by in her work is "I know I can't save the world, but I can save the world for one kid at a time, even if it's for the small amount of time they are in my presence".

Presenter: L. Brian Salazar, LMHC

L. Brian Salazar is a Licensed Mental health Counselor and has been working in the field of Behavioral Health and Child Protection for the past 25 years. Brian received his undergraduate psychology degree from Colorado State University and his Master of Arts in Clinical Counseling from Southwestern College in Santa Fe. Brian currently works at the Student Success Advisor for Questa Jr/Sr High School. Brian's passion for working with families and youth continues to evolve to support the unique needs of North New Mexico Communities. Finally, Brian owns DR3 Ecotherapy farm in Costilla NM, where he uses natural healing, ecology, horticulture and farming to support wellness and wellbeing.